Nyingma Kama Empowerments and Oral Transmissions

Ogmin Ogyen Mindrolling Monastery, India
30th November 2025 – 13th January 2026

PRACTICAL INFORMATION BEFORE YOUR ARRIVAL

The following information has been prepared to guide you through your arrival and registration process for the Kama Transmissions at Mindrolling Monastery.

1. HOW TO GET TO MINDROLLING MONASTERY

Address Mindrolling Monastery
Clement Town 248002
Dehra Dun UK, India

Transportation options

By Air **New Delhi – Indira Gandhi International Airport (DEL)** is the nearest international airport.

Dehradun - Jolly Grant Airport (DED) is the nearest regional airport to Mindrolling Monastery. Jolly Grant has regular flight connections from New Delhi.

By Train **Dehradun Railway Station** has good rail connections from major cities in India.

By Bus **The ISBT Interstate Bus Terminal (Dehradun)** is connected by frequent buses from Delhi and other regional hubs.

By Taxi/Car The most convenient way to reach the monastery is by taxi. From Delhi, the journey takes about 4 to 5 hours. From the Dehradun airport it is about 1,5 hours.

2. WHEN TO ARRIVE AT MINDROLLING

- Arrival and registration for the monastic Sangha: 27th to 28th November, 2025
- Arrival and registration for all foreign participants: 28th November, 2025

3. YOUR ARRIVAL AT MINDROLLING

Mindrolling Monastery is located within the Tibetan Colony, Clement Town, Dehradun. When you reach Clement Town and enter the Tibetan Colony, the monastery will be on the right-hand side. The Mindrolling Monastery is locally also known as the Buddha Temple.

Important: Upon arrival, all participants must first proceed to the Monastery Office to check in and receive further information.

4. REGISTRATION PROCESS

Upon arrival at Mindrolling Monastery, all participants of the Kama Transmissions must first complete registration at the Monastery Office. Once you enter the monastery, the signs for the Monastery Office will be clearly visible.

At registration, each participant will receive a color-coded Kama ID Badge. Kama ID Badges are essential and must be collected by everyone. Each badge will contain a QR code with all information about the Transmissions and updated instructions for participants. This Kama ID Badge must be kept with you while attending the Kama Transmissions at Mindrolling Monastery.

PAP Registration for all foreign participants

During registration, all foreign participants must submit their PAP (Protected Area Permit). This step is compulsory for all non-Indian participants, except those from Bhutan and Nepal. Please have the following documents ready:

- photocopy of your passport main page
- photocopy of your visa
- print out of your PAP Approval Letter
- passport size photograph

Without the PAP Approval Letter, you will **not** be permitted to stay or participate in the transmissions at Mindrolling as per the laws of the Government of India.

Accommodation Directions

Once you have received your Kama ID Badge at registration, participants with monastery-arranged accommodations will be guided to their rooms or guest houses.

Those staying in outside accommodations (Airbnb, hotels, guest houses, etc.) may proceed to their respective places after completing registration and receiving their Kama ID badge.

5. KAMA ID BADGES

All participants will receive your Kama ID Badge upon registration. This Kama ID Badge must be always kept with you while attending the Kama Transmissions at Mindrolling Monastery. The badges are color-coded and will give you access to the assigned seating sections for the Transmissions and to your assigned dining hall location as facilitated by the Monastery Staff.

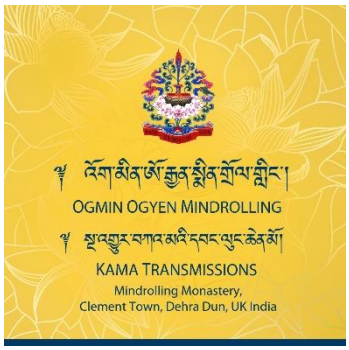
Each Kama ID badge will also have a QR code with which you can access the following information:

- **Information about Kyabje Rabjam Rinpoche**
- **Information about the Kama Transmissions**
- **Information about Mindrolling Monastery**
- **Information about Kama Coordinators and Mindrolling Administration Staff**
- **Contact Details for Communication with Staff**
- **Useful Contact Information to Facilitate Your Stay In the Area**
- **Daily Schedule and Updates**
- **Kama Contents and Details of Empowerment and Oral Transmissions Being Bestowed Each Day**
- **Prayer Book for Kama Transmissions**
- **Details about Seating and Dining Areas**
- **General Announcements and Daily Updates**
- **Daily News, Photos, and Announcements**

Scanning and checking the QR code ensures you will always have up-to-date information.

Samples of Kama ID Badge colors

Upon registration, these will include the information QR code.



Rinpoches and Tulkus



Mindrolling Admin and Kama Staff



Khenpos, Geshes and Khenmos



Monks



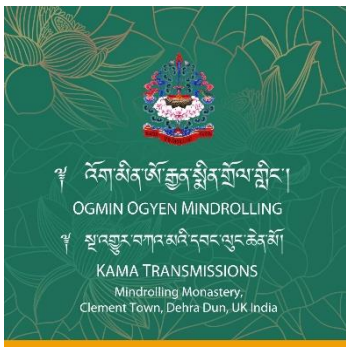
Nuns



Ngagpas and Ngagmas



Foreigners



Lay Practitioners

To ensure smooth functioning of the transmissions and facilities, all participants are kindly requested to observe the following rules:

✔ Do

- Always keep your ID badge with you throughout the program.
- Bring your badge every day to attend the transmissions.
- Take care of your badge and keep it safe — it contains essential information.
- Check the QR code on your badge regularly for updates and announcements

✖ Don't

- Do not attempt to exchange badges with others or request to change your assigned color code.
- Do not collect a badge on behalf of someone else — each participant must register and collect their badge in person.
- Do not misplace your badge — without it you may not be able to access schedules, seating, dining, or other essential information.
- Do not lose your badge — replacing it may not be possible and losing it will allow unauthorized persons to access information.

6. DAILY SCHEDULE FOR THE KAMA TRANSMISSIONS

30 November 2025 – 13 January 2026

6:30 – 8:30 AM	Breakfast
9:30 – 12:00 AM	Wang
12:00 – 1:30 PM	Lunch
2.00 – 4:00 PM	Wang / Lung
4.00 – 4:30 PM	Break
4.30 - 6.30 PM	Wang / lung
7.00 - 8.00 PM	Dinner

Every 10 days there will be one day off.

7. SEATING FOR THE KAMA TRANSMISSIONS

Due to the large number of Rinpoches, Tulkus, Khenpos, Geshes, Khenmos, monks, nuns, and Ngagpas and Ngagmas, additional seating for monastics who do not fit in the shrine room and most non-monastics will be arranged in a large shrine tent connected to the main shrine.

This large shrine tent area will have large LED screens and sound system provided for the duration of the transmissions. This large shrine tent will also include a chair seating section for those who are unable to sit on cushions for many hours.

8. MEAL SERVICE AND DESIGNATED DINING AREAS

Meals are being offered daily for everyone. Meals will be served in separate locations based on your color-coded Kama ID Badges. Participants must go to your designated dining area for your meals. We request all participants to remain in the area designated for your group.

This will help meal servers to serve meals quickly and efficiently, assuring everyone is able to be served on time. All meals offered daily will be vegetarian. The monastery will not be able to accept any special meal requests.

9. WEATHER

During the winter season in Dehradun, the nights and early mornings can be quite cold. The typical temperatures in December and January: highs of 19-21 °C during day, lows of 3-7 °C at night.

Due to these temperature fluctuations, be prepared for crisp mornings and evenings. The sun will warm things up during the day, but once the sun sets, it cools quickly.

Because the cold at night can be sharp, especially in unheated or minimally heated accommodation, bringing your own sleeping bag will help ensure you are warm and comfortable. It may be chilly even during the day, especially in shaded or windy places, so it is good to have layers for clothing.

10. WHAT TO BRING

For those with monastery arranged accommodations, a complete set of bedding (pillow, sheet set and comforter) is provided. However, we do recommend you also plan to bring the following items:

- a sleeping bag
- your own towels
- a flask or thermos

To support our efforts in reducing waste and caring for the environment, we kindly encourage everyone to bring their own cups for tea, which will be served during the transmissions. This will help us minimize the use of disposable cups.

In the same spirit, we are also moving towards reducing paper usage. Wherever possible, please make use of the QR codes provided for accessing information and prayer books digitally. Your support in these efforts is deeply appreciated.

11. PLANNING YOUR ARRIVAL AT MINDROLLING

Kyabje Shechen Rabjam Rinpoche will arrive on the 28th of November, 2025.

- Arrival and Registration for monastic Sangha – 27th to 28th November.
- Meal services will begin with Dinner service on the 27th November onwards.
- Arrival and Registration for all foreign attendees – 28th November.
- Orientation for foreign attendees – 10:30 AM on the 29th November.

Dining locations, and location for Orientation will be available on the QR code of your ID badge.

We request everyone to kindly not enter the shrine rooms until announced. This will prevent disturbances to the shrine team. Announcements about seating and other information will also be available on your ID badge QR code.

Thank you for reviewing this pre-arrival information

and we look forward to your arrival.